

**HHSC: Healthy Texas
Women Plus Webinar,
October 27th, 2020**

The Healthy Texas Women (HTW) program is dedicated to offering women's health and family planning services at no cost to eligible women in Texas. HTW: improves access to comprehensive care for eligible women; expands services and eligibility so that more women qualify to receive services; and improves connection and coordination with other healthcare programs to deliver more robust, comprehensive, and continual women's health services.

[See attached for the Healthy Texas Women Flyer.](#)

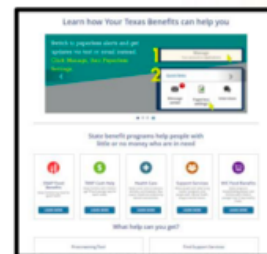
Women may be eligible for HTW if they:

- Are age 15 to 44.
 - Women age 15 to 17 must have parental or legal guardian consent.
- Are U.S. citizens or eligible immigrants.
- Have an income at or below 200% Federal Poverty Level.
- Live in Texas.
- Do not have health insurance.
- Are not pregnant.

1 Apply on
yourtexasbenefits.com



2 Use the paper application at
HealthyTexasWomen.org
or any local eligibility office*



3 Apply onsite with a contracted
provider and receive same day
services if they screen
presumptively eligible

Women who have received a vasectomy are still eligible for HTW. Women must not have another insurance plan in order to qualify. A woman who has health insurance offered at their employment but cannot afford it can enroll in HTW.

HTW Benefits

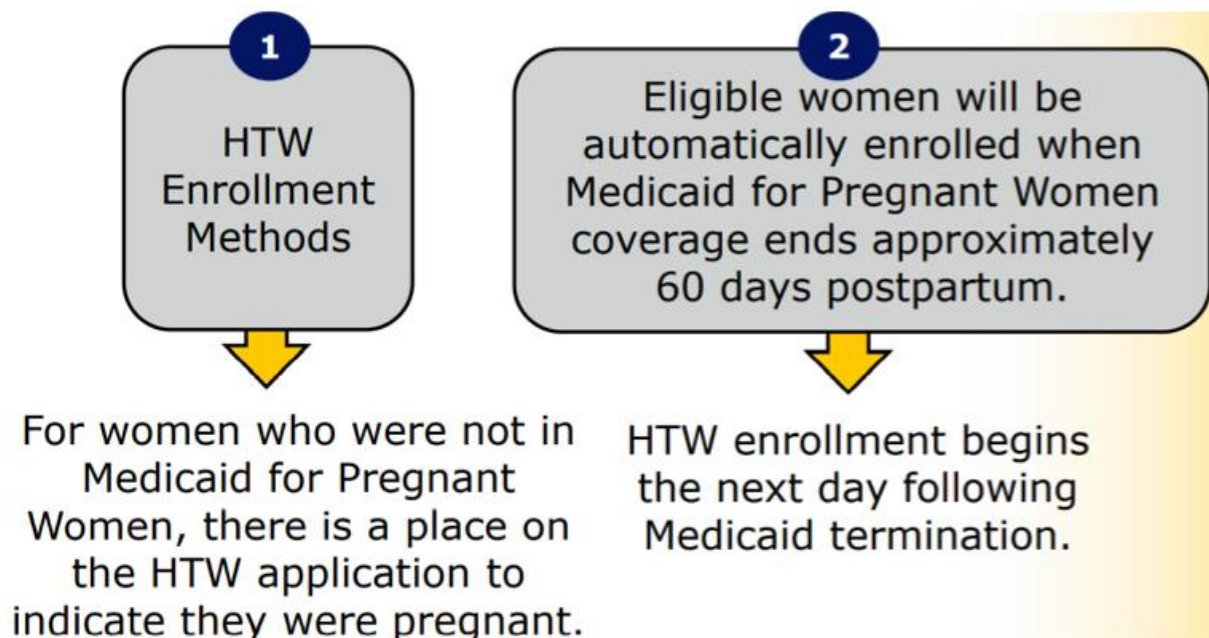
- Pelvic examinations and Pap tests
- Contraceptive Services
- Includes Long Acting Reversible Contraception products and sterilization
- Screening and treatment for hypertension, diabetes, cholesterol
- Sexually transmitted infection services
- Screening and medication for postpartum depression
- Breast and Cervical Cancer Screenings and Diagnostic Services
- Immunizations
- Cervical Dysplasia treatment

SB750, 86th Legislature, Regular Session, 2019, Directed HHSC to evaluate postpartum care services provided to women enrolled in the HTW program after the first 60 days of the postpartum period. HTW Plus is an enhanced, cost effective, limited postpartum care services package available to women enrolled in HTW who qualify.

Enrollment:

Women may be eligible for HTW Plus if they:

- Meet all eligibility requirements for standard HTW
- Were pregnant in the 12 months prior to HTW enrollment
- Between the ages of 18-44



HTW Plus Services will focus on treating major health conditions recognized as contributing to maternal morbidity and mortality in Texas.

Conditions

Postpartum depression and other mental health conditions

Cardiovascular, coronary, asthma, and diabetes conditions

Substance use disorders, including drug, alcohol and tobacco use

Services

Individual, family and group psychotherapy services; and peer specialist services

Imaging studies; blood pressure monitoring; diabetes testing; and asthma, anticoagulant, antiplatelet, and antihypertensive medications

Screening, brief intervention, and referral for treatment (SBIRT), outpatient substance use counseling, smoking cessation services, medication-assisted treatment (MAT), and peer specialist services

90,000 women are eligible for HTW monthly.

What Happens Once Enrolled

Client receives their “pink card” once approved or auto-enrolled – this will indicate the benefits package they are eligible for.

- HTW coverage is for a 12-month period
- Client receives renewal instructions in the 10th month of eligibility



HTW and HTW Plus Procedure Codes. Full list of reimbursable procedure codes can be found in the Women’s Health Services Handbook of the Texas Medicaid Policy and Procedure



Manual located at tmhp.com. The name of the policy and Procedure manual will be changing names.

HTW and HTW Plus Pharmacy Benefits

- Full list of approved medications can be found on the Texas Vendor Drug Program website at txvendordrug.com
- Client can have prescriptions filled with any participating Medicaid pharmacy

Provider Participation

To provide HTW or HTW Plus services, a provider must:

- Deliver one or more services available through the program
- Be a Medicaid provider
- Certify that they do not perform or promote elective abortions or affiliate with an entity that performs or promotes elective abortions

Providers must be able to provide one or more of the services to participate. When a provider enrolls in HTW then they can provide services under HTW Plus.

For more information on how to participate as an HTW provider, visit www.TMHP.com/programs/htw

- First-time enrollment: View "HTW Provider Enrollment on the Portal (PEP) Job Aid"
- Annual recertification: View "PIMS Instructions for HTW Certification and Attestations"

Online Provider Lookups

- The HTW website is the place to find the most engaged and active HTW providers: www.healthytexaswomen.org/find-doctor
- In addition, users have the option to view the entire network of providers on the TMHP website, including newly certified providers of HTW Plus service: <http://opl.tmhp.com/ProviderManager/AdvSearch.aspx>.

Questions/Answers/Comments (HealthyTexasWomen@hhsc.state.tx.us)

Questions may be duplicated. Any questions not addressed below will be made available on the HHSC website HTW Q and A.

An RFI is on the street and presently soliciting comments on HTW.

Q: If the woman receives a vasectomy, is she automatically not qualified?

- A: No. A woman who has previously had a sterilization procedure may still be eligible for HTW if she meets program eligibility requirements. History of sterilization is not considered when determining eligibility for HTW.

Q: Can you clarify "Do not have health insurance" statement?

- A: Generally if the woman has other insurance that provides HTW-covered services, the woman will not be eligible for HTW benefits. There are some exceptions as discussed on the webinar, such as need for confidential family planning services.

Q: Eligibly criteria stated "eligible immigrants" - what does that include/exclude?

- A: Please see Title 1, Texas Administrative Code, §382.7 for eligibility requirements: [https://texreg.sos.state.tx.us/public/readtac\\$ext.TacPage?sl=R&app=9&p_dir=&p_rl oc=&p_tloc=&p_ploc=&pg=1&p_tac=&ti=1&pt=15&ch=382&rl=7](https://texreg.sos.state.tx.us/public/readtac$ext.TacPage?sl=R&app=9&p_dir=&p_rl oc=&p_tloc=&p_ploc=&pg=1&p_tac=&ti=1&pt=15&ch=382&rl=7)

Q: If she is eligible for insurance at job but cannot afford it, can she apply for HTW?

- A: Yes.

Q: #3 enrollment process included shortened application form, not just services if presumptively eligible. Will this shortened form still be used (it's two pages)?

- A: The form is currently available and accepted.

Q: With the 1115 Waiver approval, will the HTW application process change over to a full Medicaid application?

- A: Please see this document for information about changes to the eligibility determination process required by the federal HTW waiver: <https://hhs.texas.gov/sites/default/files/documents/laws-regulations/policies-rules/1115-waiver/HTW/htw-1115-waiver-public-forum-comments-responses.pdf>

Q: If they are on CHIP, do they automatically get enrolled in HTW once the 60 days run out?

- A: Women who received CHIP Perinatal coverage must apply for HTW benefits when CHIP coverage ends.

Q: Are Behavioral Mental Health benefits included?

- A: Yes, outpatient psychotherapy and peer specialist services are included.

Q: Clarifying question - The depression treatments available are medication only, not counseling/therapy?

- A: Medication is available in the standard HTW benefit package. HTW Plus provides psychotherapy services.

Q: Does the Healthy Texas Women Plus work with FQHC providers?

- A: Yes.

Q: When pregnancy-related Medicaid ends, if she receives food stamps, is she automatically enrolled into HTW?

- A: After pregnancy-related Medicaid coverage, women are screened for eligibility for other Medicaid coverage, CHIP, or HTW. They will be automatically enrolled in the program they are eligible for.

Q: Behavioral Health Services covered?

- A: Yes, HTW Plus includes outpatient behavioral health services.

Q: Will autoenrollment continue? there was some information saying that autoenrollment would end

- A: Please see this document for information about changes to the eligibility determination process required by the federal HTW waiver: <https://hhs.texas.gov/sites/default/files/documents/laws-regulations/policies-rules/1115-waiver/HTW/htw-1115-waiver-public-forum-comments-responses.pdf>

Q: Are CHIP Perinate/CHIP members also automatically enrolled in HTW when they lose their CHIP benefits?

- A: Women who received CHIP or CHIP Perinatal coverage must apply for HTW benefits when CHIP coverage ends.

Q: Does medication for postpartum depression include physician/psychiatric visits for evaluation and management of those medications?

- A: Yes, medically necessary periodic medication management/monitoring is a covered service.

Q: After 60 days postpartum, how long does the HTW Plus coverage last?

- A: 12 months

Q: Is there a list of peer specialist services HCPCS codes that are covered?

- A: The list of HTW Plus procedure codes is available here: <https://www.tmhp.com/news/2020-08-28-healthy-texas-women-htw-plus-services-available-september-1-2020>

Q: Do our counselors have to enroll and/or attest to HTW services?

- A: All HTW providers must complete the provider certification. See instructions here: <https://www.tmhp.com/sites/default/files/file-library/topics/PIMS-Instructions-for-HTW.pdf>

Q: So PPD includes counseling and medication?

- A: Medication is available in the standard HTW benefit package. HTW Plus provides psychotherapy and peer specialist services.



Q: Can you talk more about the specific postpartum depression services covered within “screening and medication for PPD”?

- A: Medication is available in the standard HTW benefit package. HTW Plus provides psychotherapy and peer specialist services.

Q: May we have a copy of the Q and A items within this thread?

- A: GoToWebinar will not allow attendees to download the Q&A log. But HHSC will compile frequently asked questions and make those responses available to the public. We can email webinar attendees with that information.

Q: For the depression and other mental conditions, does this require a referral in order to be covered?

- A: The HTW Program does not require referrals.

Q: will specialists need to enroll as HTW providers?

- A: All HTW providers must complete the provider certification. See instructions here: <https://www.tmhp.com/sites/default/files/file-library/topics/PIMS-Instructions-for-HTW.pdf>

Q: For these Plus services, FQHC's will still be reimbursed for only 3 encounters? (Are FQHC limited to three services per year, similar to Family Planning?)

- A: Services provided by an FQHC must be provided to an HTW client in the same amount, scope, and duration as the FQHC would provide to any other Medicaid beneficiary for those HTW and HTW Plus covered services. This includes limiting family planning services to three family planning visits per year, one of which may be an annual family planning examination. FQHCs may be reimbursed for additional encounters for covered medical and behavioral health services.

Q: Will the Handbook be updated in November to include HTW Plus?

- A: The handbook will be updated in December.

Q: Can you talk more about the specific postpartum depression services covered within “screening and medication for PPD”?

- A: The standard HTW benefit package includes postpartum depression screening and prescription medications to treat postpartum depression. HTW Plus will also include counseling and psychotherapy services, as well as peer specialist services.

Q: If a provider is already enrolled in the HTW program, do they need to enroll in HTW Plus or will this happen automatically?

- A: If a provider is already enrolled and certified as an HTW provider no additional steps are necessary to provide HTW Plus services.



Q: If a provider is already enrolled in the HTW program, do they need to enroll in HTW Plus or will this happen automatically?

- A: If a provider is already enrolled and certified as an HTW provider, no additional steps are necessary to provide HTW Plus services.

Q: Will women who were pregnant more than 12 months before HTW enrollment and need post-partum depression help be eligible for HTW Plus? Is there a time limit from last pregnancy (12 months - 36 months, or...)?

- A: Women who apply for HTW and indicate a pregnancy in the past 12 months and meet HTW eligibility criteria will be able to receive HTW Plus services. Women who auto-enroll from Medicaid for Pregnant Women will be eligible for HTW Plus services.

Q: Can women renew HTW Plus? If so, are there any limitations to renewing?

- A: HTW Plus benefits are only available for the first 12 months of HTW enrollment for women who had a pregnancy in the past year. At renewal, women transition to the standard HTW benefit package.

Q: Do subspecialists, such as cardiologists, need to complete certification?

- A: All HTW providers must complete the provider certification. See instructions here: <https://www.tmhp.com/sites/default/files/file-library/topics/PIMS-Instructions-for-HTW.pdf>

Q: So anyone that delivered prior to September 1, 2020 will not be eligible, right?

- A: No. If there was a pregnancy in the 12 months prior to application, eligible women may receive HTW Plus services for 12 months.

Q: Does the pregnancy have to result in a live birth to be eligible for HTW Plus?

- A: No. HTW Plus coverage is available regardless of pregnancy outcome.

Q: How many counseling sessions?

- A: All HTW and HTW Plus benefits are subject to the same restrictions and limitations applied to Texas Medicaid's coverage for the same procedure codes. Please refer to the relevant Handbook(s) for detailed coverage information of HTW Plus benefits

Q: Is HHSC auto-enrolling women in HTW from pregnancy-related Medicaid, or because of the public health emergency is HHSC required to continue covering women under Medicaid until the emergency ends?

- A: HHSC is extending eligibility for both Medicaid and HTW during the public health emergency. When the public health emergency ends, HHSC will process auto-enrollments into HTW, and eligible women will then be able to receive HTW Plus services.

Q: is there a limitation of how many visits a client can have?

- A: All HTW and HTW Plus benefits are subject to the same restrictions and limitations applied to Texas Medicaid's coverage for the same procedure codes. Please refer to the relevant TMPPM Handbook(s) for detailed coverage information.

Q: Just so I'm clear, HTW Plus does in fact cover SUD OTP services?

- A: Yes, HTW Plus covers outpatient services for SUD. SUD residential services are not covered.

Q: If a subspecialist only wants to participate in HTW Plus, do they still need to complete certification to not perform or promote abortion?

- A: Yes.

Q: Could you restate when HHSC will go to CMS to seek an 1115 waiver amendment to cover HTW Plus? Also, will HHSC ask for other amendments at that time, including the reinstatement of the current autoenrollment process and adjunctive eligibility?

- A: HHSC plans to submit the waiver amendment in December. HHSC published public notice in the Texas Register on October 16.

Q: Diabetes meds covered?

- A: Insulin and certain antidiabetic medications are covered. Please refer to the formulary for coverage information for specific medications.

Q: How long did you say HTW Plus coverage is for?

- A: 12 months

Q: Will there be different HHSC staff contacts for HTW and HTW Plus questions/concerns?

- A: Please send all questions to HealthyTexasWomen@hhsc.state.tx.us

Q: Diabetes testing is covered, but what about strips/medications for the diabetes?

- A: Yes, HTW Plus covers testing strips and certain antidiabetic medications.

Q: Will family planning clinics with Class D pharmacies still dispense birth control to their clients as they do now, or will they have to send those prescriptions out?

- A: Providers with an appropriate pharmacy license may continue to be reimbursed for dispensing drugs and supplies.

Q: Also- is there any screening or referrals for intimate partner violence built into HTW Plus as IPV is a major driver of PPD, suicide and homicide.

- A: There is no specific HTW Plus coverage for IPV screening or referrals, although these services may be included in the appropriate level evaluation and management services for the encounter.

Q: Behavioral Health Services covered by HTW only for postpartum or general behavioral issues also?

- A: Behavioral health services covered by HTW Plus (e.g. testing, counseling, psychotherapy) are not limited to postpartum depression.

Q: Does medication for postpartum depression include physician/psychiatric visit for evaluation and management of those medications?

- A: Yes, medically necessary periodic medication management/monitoring is a covered service.

Q: Will family planning clinics with Class D pharmacies still dispense birth control to their clients as they do now, or will they have to send those prescriptions out?

- A: Providers with an appropriate pharmacy license may continue to be reimbursed for dispensing drugs and supplies.

Q: Again, can you confirm that clinics with Class D pharmacies will be paid when they dispense contraceptives?

- A: Providers with an appropriate pharmacy license may continue to be reimbursed for dispensing drugs and supplies.

This summary contains supplemental information from third-party sources where that information provides clarity to the issues being discussed. Not every comment or statement from the speakers in these summaries is an exact transcription. For the purpose of brevity, their statements are often paraphrased. These documents should not be viewed as a word-for-word account of every meeting or hearing, but a summary. Every effort has been made to ensure the accuracy of these summaries. The information contained in this publication is the property of the organization and is considered confidential and may contain proprietary information. It is meant solely for the intended recipient. Access to this published information by anyone else is unauthorized unless the organization grants permission. If you are not the intended recipient, any disclosure, copying, distribution or any action taken or omitted in reliance on this is prohibited. The views expressed in this publication are, unless otherwise stated, those of the author and not those of the organization or its management.
